

## **Resources for information or assistance...**

### **Emergencies & Information**

Allegheny Crisis Emergency Service  
1-888-424-2287

CONTACT Pittsburgh  
412-820-HELP

### **Western Psychiatric Institute & Clinic**

Services for Teens at Risk for Suicide  
412-246-5619

Child and Adolescent Mood Program  
412-246-5222

### **Drug and Alcohol Assessment**

Alcohol & Drug Abuse 24 Hour Hotline  
1-800-234-0420

Gateway Adolescent (Outpatient)  
412-928-5940

Turtle Creek Valley Mental Health  
412-351-0222

## **More Resources...**

### **Eating Disorders**

Outpatient Eating Disorders Clinic  
412-246-6390

### **Parenting Supports**

Parents without Partners  
South Hills Contact  
412-881-9119

## **School & Community Contacts...**

High School Counseling Office  
412-344-2053

Outreach South  
666 Washington Road  
412-561-5405

Allegheny Children's Initiative, Inc.  
2304 Jane Street  
Pittsburgh, PA 15203  
412-431-8006

## **Mt. Lebanon High School Student Assistance Program**



## **Program Overview And Recommended Resources**

## WHO WE ARE...

A skilled team of administrators, school counselors, teachers, school nurses and consultants trained to recognize high-risk behaviors that create barriers to learning and impede academic success.

## OUR FUNCTION...

- To identify students who may be experiencing severe absenteeism, significant declines in academic performance, drug and alcohol use, symptoms of depression and anxiety, and/or other mental health concerns
- To provide multi-sourced, objective data to parents
- To develop a plan of support and/or mentoring within the school environment
- To provide referral services to families on an as needed basis

## TO REFER A STUDENT...

Referrals may be submitted by:

Teachers	Counselors
Administrators	Students
Parents	Nurses

- Referral forms are available in the High School Counseling Office and online:  
[http://www.mtlisd.org/uploaded/HS/Guidance/Support/sap\\_referral\\_form.pdf](http://www.mtlisd.org/uploaded/HS/Guidance/Support/sap_referral_form.pdf)
- Completed forms should be returned to Chad Johnston in the Counseling Office.

**The confidentiality of a student referral must conform to the standards set by the Bureau of Basic Education Support Services of the Pennsylvania Department of Education. Maintaining the assurance that a student's privacy is protected shall be the responsibility of all staff members involved in the Student Assistance Program.**

## How does the Student Assistance Program operate?

While each individual student situation is unique, the Student Assistance Team will generally:

- Receive referrals from concerned individuals.
- Communicate with parents regarding the reported concerns and affirm family consent prior to providing support services.
- Gather observable, objective data from multiple parties to assess the nature and extent of the student's concern.
- Discuss and develop a helping plan of action.
- Provide follow-up by monitoring student progress and developing a working relationship with students and families.
- Provide families with appropriate referrals to school and/or community programs as needed.