

High School Counseling Bulletin

A note from the Department Chair

A goal for the Mt. Lebanon High School Counseling Department is to increase communication between school counselors, students and parents/guardians. In the past we have always communicated information through the Counseling Bulletin.

This Bulletin contains information communicated to students so that they may be cognizant of meetings, programs, scholarships, deadlines for tests and current college and vocational information. The Bulletins are distributed to homerooms, posted on our website and emailed to families.

Please make sure you have

updated your email addresses in Dashboard so that you will continue to receive this valuable information in a timely fashion.

We also use Naviance/Family Connections for additional dissemination of information. All students are introduced to Naviance for college and career planning during their four years at MTLHS. Students that attended our middle schools last year have already been introduced to the program. Our 10th graders will be working with their counselors in early February to utilize the Naviance career program.

If you have any questions, please don't hesitate to contact your child's school counselor.

Please use Entrance B9 (to the left of the Fine Arts Theatre) when visiting the Counseling Office.

~ Tara Leja



MTLSD

Topics in this issue:

- > Richard J. Madden Scholarship
- > SAT/ACT Information
- > Military Career Day
- > Scholarship News
- > Summer Learning Opportunities

Juniors Only—Richard J. Madden Scholarship

The Richard J. Madden Scholarship, established in 2003, is awarded annually to one junior student at Mt. Lebanon High School. **The recipient may receive up to \$11,250 per year, a maximum of \$45,000 total, if a 3.0 grade point average is maintained at the student's post secondary selection.**

Mr. Richard Madden is a graduate of Mt. Lebanon High School who wishes to give back to his alma mater. This scholarship opportunity is offered each year to juniors who plan to attend a two or four year college or technical school within the United States. Financial need is one of the most important criteria during the review of applications.

Applications for the Madden Scholarship will be available to juniors on the Mt. Lebanon High School Guidance webpage and in Naviance. Applicants must type their application using the template provided. Please see your counselor with any questions.

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Writing Lab

The **Writing Lab**, located in Room B521, is available every period to conference with students on writing for classes, college applications, apprenticeships, scholarships, writing contests and other assignments.

Appointments are recommended to guarantee a spot! Same day conferences are often hard to schedule, so plan ahead!

Writing Lab Hours

Mon-Fri Periods 1-8

Before School Mon-Fri 7:15 AM -8:00 AM

After School Mon-Thur 3:00 PM -3:25 PM

Contact: ShMiller@mtlsd.net



Math Lab

The **Math Lab** is located in Room B616. Mrs. Trumbull can be reached at: LTrumbull@mtlsd.net

[Math Lab Hours](#)



SAT REVIEW COURSES

[CHYTEN](#)

[COLLEGE NANNIES & TUTORS](#)

[COMMUNITY COLLEGE OF ALLEGHENY
COUNTY](#)

[EATON PREP](#)

[HUNTINGTON LEARNING CENTER](#)

[KAPLAN](#)

[KHAN ACADEMY](#)

[MT. LEBANON ACADEMY](#)

[MT. LEBANON EVENING PROGRAM](#)

[THE PRINCETON REVIEW](#)

[TOTAL LEARNING CENTER](#)

SAT Information - Next Test @ Mt. Lebanon is Dec. 5th

Students taking SATs at Mt. Lebanon High School should visit the [high school webpage](#) for parking and other information.

To register for an SAT test please click [here](#).

Please contact our SAT Center Supervisor, Rolf Briegel, at rbriegel@mtlsd.net if you have any questions or concerns.

For test dates and registration deadlines click [here](#).

MTLHS Code: 393730

MTLHS Test Center Number: 39-442

For additional information please click [here](#).

ACT Information

Mt. Lebanon is not a testing site for the ACT test. However, Mt. Lebanon students wishing to take this test are encouraged to go to authorized test sites nearby.

Please see your school counselor for information about the test.

MTLHS Code: 393730

It is recommended for students to take this test in addition to the SAT.

To register for an ACT test please click [here](#) or go to: www.actstudent.org

For test dates and registration deadlines click [here](#).

Mt. Lebanon School District does not endorse specific testing preparation options or providers. This list is provided for informational purposes only.

Military Career Day

Military Career Day is an annual event at the high school. This year it will be on Wednesday, November 18th in Center Court during Periods: 4, 5, and 6.

Members from the various branches of the military are invited to meet, answer questions and share information with interested students.

If you miss this event, you can still gain valuable information about military careers at some of the following links.

For information on ROTC



programs, please click [here](#). For Academy information, please go to the Academy websites:

[U.S. Air Force Academy](#)

[WestPoint](#)

[US Naval Academy](#)

[Merchant Marine Academy](#)



Interested in a Law Enforcement Career?

A Pennsylvania State Trooper will visit with interested students during all three lunch periods on Tuesday, December 8th. If you have questions or any interest in becoming a state trooper please plan to stop by and speak to Trooper Blazavich. More information will be provided on the Morning Announcements as we get closer to the date.



Career Development

The **Career Development** process is where an individual fashions a work identity. In America, we are what we do, thus it becomes a person's identity. It is imperative when educating our young people that our school systems assist and consider the significance of this responsibility for our youth and their future.

Currently, our counseling department K-12 is developing a comprehensive and integrated K-12 career plan. Our goal is to address the importance of career planning for all students related to labor market projections and workforce needs. The following videos were shared with counselors during their State training that we would like to share with you.

[Success in the New Economy](#)

[Mike Rowe Testifies before the US Senate about the skilled trades](#)

Naviance



Naviance enables schools to set high standards for career and college readiness by removing obstacles and actively supporting, student engagement and achievement. Students embark on a journey that combines interests and assessment results with a wealth of career and college information.

In Naviance, expectations are raised by:

- Connecting academic achievement to post-secondary goals.
- Maximizing collaboration with teachers, counselors and parents
- Providing access to information
- Tracking results for school and district administration

Students: click [here](#) to access Naviance.

Submit transcript requests for Jan. 1st college application deadlines by Dec. 7th!

Important Scholarship News



Seniors and juniors are directed to use Naviance Family

Connection to view a variety of scholarships to assist in college financing.

All Pittsburgh Foundation and local scholarships (scholarships established by Mt. Lebanon alumni, families, athletic groups or other organizations) will be housed in Naviance Family Connection under My Colleges, Scholarships & Money. Application information and links will be available with the scholarship listing.

Scholarships are activated as they become available.

Please check often for updates.

Naviance also provides a comprehensive national scholarships search through Sallie Mae. Students should sign in to their Family Connection account and go to My Colleges, Scholarships to begin the scholarship search.

It is very important to read the qualifications for each scholarship. Submission deadlines vary significantly! Once you decide which scholarships you want to apply for make sure to **request transcripts and letters of recommendations immediately** as these take time to

prepare. You may also need to write an essay, so leave yourself enough time to complete all parts of the application. Incomplete applications will not be considered.

For additional scholarships please visit these sites:

[Fastweb](#)

[Scholarship Guidance](#)

[Student Scholarships](#)

Summer Learning Programs / Former Governor's Schools



OxBridge Academic Programs—are accepting applications. Apply by December 31st for discounted tuition. [Click here](#) for more information.

A [Telluride Association Summer Program](#) (TASP) is a six week educational experience for high school juniors that offers challenges and rewards rarely encountered in secondary school or even college. This program is exceptional, FREE and more selective than PA Governor's Schools. Please visit the [website](#) for more information.

Former Pennsylvania Governor's Schools

Two former Governor's Schools have opened their applications for summer programs! The programs are very selective and it is very important to read and understand the details as each school operates independently. Details for these two schools can be found at the links below.

- [University of Pittsburgh Health Career Scholars Academy](#)
- [Pennsylvania School for Global Entrepreneurship at Lehigh University](#)



TeenScreen

TeenScreen is a nationally-recognized program developed by Columbia University to identify risk factors associated with depression, anxiety, and alcohol and substance abuse. The program is free and completely voluntary and confidential. TeenScreen is available to all students in grades 7-12. Look for more information and parental consent forms to follow.

If you have any questions regarding TeenScreen, please contact Emily Heim, MA at [Outreach Teen & Family Services](#), 412-561-5405.

Follow us:



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