

High School Counseling Bulletin

A Note From The Department Chair

A goal for the Mt. Lebanon High School Counseling Department is to increase communication between school counselors, students and parents/guardians. In the past we have always communicated information through the Counseling Bulletin.

This Bulletin contains information communicated to students so that they may be cognizant of meetings, programs, scholarships, deadlines for tests and current college and vocational information. The Bulletins are distributed to homerooms, posted on our website and emailed to families.

Please make sure you have updated your email addresses in Dashboard so that you will continue to receive this valuable in-

formation in a timely fashion.

We also use Naviance/Family Connections for additional dissemination of information. All students are introduced to Naviance for college and career planning during their four years at MTLHS. Students that attended our middle schools have already been introduced to the program. Our 10th graders will be working with their counselors in second semester to utilize the Naviance career program.

If you have any questions, please don't hesitate to contact your child's school counselor.

Please use Entrance B9 (to the left of the Fine Arts Theatre) when visiting the Counseling Office.

Juniors Only—Richard J. Madden Scholarship

The Richard J. Madden Scholarship, established in 2003, is awarded annually to one junior student at Mt. Lebanon High School. **The recipient may receive up to \$11,250 per year, a maximum of \$45,000 total, if a 3.0 grade point average is maintained at the student's post secondary selection.**

Mr. Richard Madden is a graduate of Mt. Lebanon High School who wishes to give back to his alma mater. This scholarship opportunity is offered each year to juniors who plan to attend a two or four year college or technical school within the United States. Financial need is one of the most important criteria during the review of applications.

Applications for the Madden Scholarship will be available to juniors via the email sent to each junior & their parents and in Naviance. Applicants must type their application using the template provided. Students should see your counselor with any questions.

Application deadline: Feb 28th.

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Writing Lab

[The Writing Lab](#), located in Room B521, is available every period to conference with students on writing for classes, college applications, apprenticeships, scholarships, writing contests and other assignments.

Writing Lab Hours

Mon-Fri Periods 1-8

Before School Mon-Fri 7:15 AM –8:00 AM

After School Mon-Thur 3:00 PM –3:45 PM

Contact: TShine@mtlsd.net



Math Lab

The Math Lab is located in Room B616. Mrs. Trumbull can be reached at: LTrumbull@mtlsd.net



SAT REVIEW COURSES

[CHYTEN](#)

[COLLEGE NANNIES & TUTORS](#)

[COMMUNITY COLLEGE OF ALLEGHENY COUNTY](#)

[EATON PREP](#)

[HUNTINGTON LEARNING CENTER](#)

[KAPLAN](#)

[KHAN ACADEMY](#)

[MT. LEBANON ACADEMY](#)

[MT. LEBANON EVENING PROGRAM](#)

[THE PRINCETON REVIEW](#)

[TOTAL LEARNING CENTER](#)

Mt. Lebanon School District does not endorse specific testing preparation options or providers. This list is provided for informational purposes only.

SAT Information - Next Test @ Mt. Lebanon is Dec. 3rd

Students taking SATs at Mt. Lebanon High School should visit the [high school webpage](#) for parking and other information.

Please contact our SAT Center Supervisor, Rolf Briegel, at rbriegel@mtlsd.net if you have any questions or concerns.

MTLHS Code: 393730

MTLHS Test Center Number: 39-442

To register for an SAT test please click [here](#).

For test dates and registration deadlines click [here](#).

ACT Information

Mt. Lebanon is not a testing site for the ACT test. However, Mt. Lebanon students wishing to take this test are encouraged to go to authorized test sites nearby.

It is recommended for students to take this test in addition to the SAT.

Please see your school counselor for information about the test.

MTLHS

Code: 393730

To register for an ACT test please click [here](#) or go to: www.actstudent.org

For test dates and registration dead-

Military Career Day

Military Career Day is an annual event at the high school. This year it will be on Wednesday, November 16th in Center Court during Periods: 4, 5, and 6.

Members from the various branches of the military are invited to meet, answer questions and share information with interested students.

If you miss this event, you can still gain valuable information about military careers at some of the following links.

On Nov. 21st, Cadet Bickus from West Point Military Academy will present information to all 10-12 graders who are interested in attending a military academy. Please sign up in the Counseling Office and get your pass to attend this meeting.

For information on ROTC programs, please click [here](#).

For Academy information, please go to the Academy websites:

[U.S. Air Force Academy](#)

[West Point](#)

[US Naval Academy](#)

[Merchant Marine Academy](#)



Career Development

The **Career Development** process is where an individual fashions a work identity. In America, we are what we do, thus it becomes a person's identity. It is imperative when educating our young people that our school systems assist and consider the significance of this responsibility for our youth and their future.

Our counseling department K-12 has developed a comprehensive and integrated K-12 career plan. Our goal is to address the importance of career planning for all students related to labor market projections and workforce needs. The following videos were shared with counselors during their State training that we would like to share with you.

[Success in the New Economy](#)

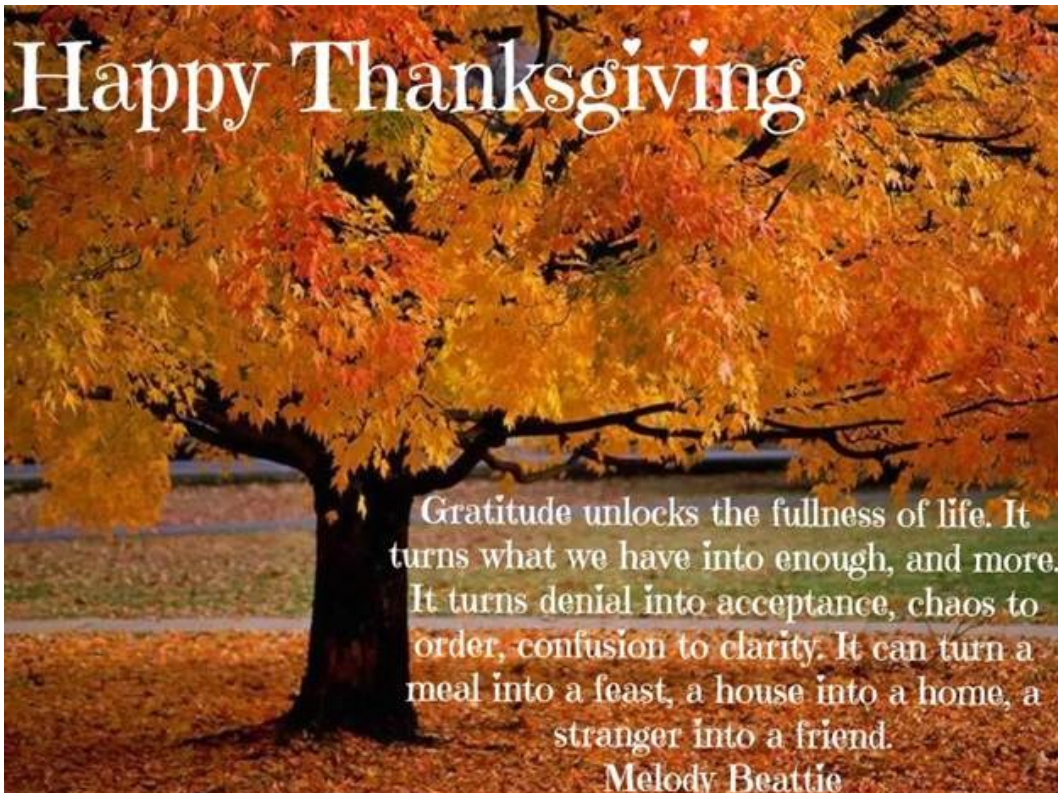
[Mike Rowe Testifies before the US Senate about the skilled trades](#)

11th Grade Individualized Guidance Plan (IGP) Meetings

Individualized Guidance Plan (IGP) conferences have been traditionally well received by parents and students. 11th grade IGP conferences will begin in December and continue through February. **In mid-November, please watch for a letter detailing your scheduled appointment date and time. Once you receive this letter, please mark your calendar to attend this important meeting with your child. This procedure is a change from past years.**

Some of the items that will be discussed include:

- Initializing plans for the 2017-2018 schedule
 - Reviewing credit status toward graduation
 - Sharing current QPA and other official transcript information
 - Discussing and planning timelines for college entrance exams
 - Discussing career and post secondary educational interests and goals
 - Reviewing the Naviance career and college search software tool
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Naviance



Naviance enables schools to set high standards for career and college readiness by removing obstacles and actively supporting, student engagement and achievement. Students embark on a journey that combines interests and assessment results with a wealth of career and college information.

In Naviance, expectations are raised by:

- ♦ Connecting academic achievement to post-secondary goals.
- ♦ Maximizing collaboration with teachers, counselors and parents
- ♦ Providing access to information
- ♦ Tracking results for school and district administration

Students: click [here](#) to access Naviance.

**College Apps with
a January 1st
deadline?**

**Transcript
requests must be
made in Naviance
no later than
December 15!**

In The News

Great opportunities and salaries await students who are interested in pursuing a two-year or technical/trade degree. The demand for skilled workers is increasing and there is currently a shortage of trained workers to take positions in fields like medical technology and HVAC.

KDKA recently aired [this interesting news clip](#) concerning the earning power of 2 year degrees and certificate programs.

We encourage every student to investigate all possibilities concerning post-secondary education/employment plans.



Important Scholarship News



Seniors and juniors are directed

to use Naviance to view a variety of scholarships to assist in college financing.

All Pittsburgh Foundation and local scholarships (scholarships established by Mt. Lebanon alumni, families, athletic groups or other organizations) will be housed in Naviance Family Connection under My Colleges, Scholarships & Money. Application information and links will be available with the scholarship listing.

Scholarships are activated as they become available.

Please check often for up-

dates.

Naviance also provides a comprehensive national scholarships search through Sallie Mae. Students should sign in to their Naviance account and go to My Colleges, Scholarships to begin the scholarship search.

It is very important to read the qualifications for each scholarship. Submission deadlines vary significantly! Once you decide which scholarships you want to apply for make sure to **request transcripts and letters of recommendations immediately** as these take time to prepare. You may be required to write an essay, so leave yourself enough time to complete all parts of the

application. Incomplete applications will not be considered.

For additional scholarships please visit these sites:

[Fastweb](#)

[Scholarship Guidance](#)

[Student Scholarships](#)

Local Scholarships

deadline:

Feb 9th (in Counseling Office)

TeenScreen

TeenScreen is a nationally-recognized program developed by Columbia University to identify risk factors associated with depression, anxiety, and alcohol and substance abuse. The program is free and completely voluntary and confidential. TeenScreen is available to all students in grades 7-12. Look for more information and parental consent forms to follow via snail mail.

If you have any questions regarding TeenScreen, please contact Emily Heim, MA at [Outreach Teen & Family Services](#), 412-561-5405.

Follow



HS Counseling Office

Room F-306
155 Cochran Road
Pittsburgh, PA 15228
USE ENTRANCE B-9

Phone: 412.344.2053
Fax: 412.344.2028