

HIGH SCHOOL COUNSELING BULLETIN

NOVEMBER/DECEMBER 2018

A NOTE FROM THE DEPARTMENT

A goal for the Mt. Lebanon High School Counseling Department is to increase communication between school counselors, students and parents/guardians. We have always communicated information through the Counseling Bulletin.

This Bulletin contains information for students so that they may be aware of meetings, programs, scholarships, deadlines for tests and current college and vocational information. The Bulletins are distributed to homerooms, posted on our website and emailed to families.

Please make sure you have updated your email addresses in Dashboard so that you will continue to receive this valuable information in a timely fashion.

We also use Naviance Student for additional dissemination of information. All students are introduced to Naviance Student for college and career planning during their four years at MTLHS. Students that attended our middle schools have already been introduced to the Naviance program.

If you have any questions, please don't hesitate to contact your child's school counselor. Please use Entrance B9 (to the left of the Fine Arts Theatre) when visiting the Counseling Office.



MILITARY CAREER DAY

November 14th
Center Court
Periods 4,5,& 6.

Members from the various branches of the military will be available to meet, answer questions and share information with interested students during all lunch periods.



INTERESTED IN A MILITARY ACADEMY?

ACADEMY VISIT

On Monday, November 19th @ 8:15am, Midshipman Harchelroad from the **US Naval Academy** will present information to all 10-12 graders who are interested in attending The US Naval Academy. This meeting will be held in Room F-313 (Counseling Office Classroom). Students wishing to attend must obtain permission from their 1st period teacher **prior** to the meeting.

For Academy information, please go to the Academy websites:

[U.S. Air Force Academy](#)

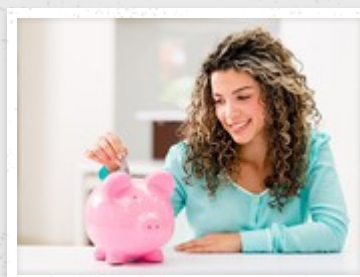
[West Point](#)

[US Naval Academy](#)

[Merchant Marine Academy](#)

SCHOLARSHIPS AVAILABLE!

In the coming months, peruse more than 30 local scholarships, 50+ regional/national scholarships and many Pittsburgh Foundation in the Scholarship List in [Naviance Student](#). Click on Colleges/Scholarships and Money/Scholarship List to view all scholarships that are active. Scholarships will be activated as



they are updated by the sponsor. You can also click on Scholarship Match in the Colleges/Scholarships and Money page to focus your search to scholarships that you might meet one or more of the eligibility requirements. Students also have access to an extensive list of national scholarships and databases in Naviance. In addition, the [Pittsburgh Foundation](#) has many scholarships available, some of which are specific to Mt. Lebanon High School students, residents of Allegheny County or specific colleges. We encourage you to explore what is out there! There are so many opportunities available to meet this important aspect of the planning process.

For a summary description of some scholarships that have been offered in the past, please [click here](#). **Not every scholarship has been activated yet, so please check Naviance for the most current scholarship list.**



RICHARD J. MADDEN SCHOLARSHIP JUNIORS ONLY

The Richard J. Madden Scholarship, established in 2003 by Mr. Madden, a Mt. Lebanon alumni, is awarded annually to one junior student at Mt. Lebanon High School. **The recipient may receive up to \$11,250 per year, a maximum of \$45,000 total, if a 3.0 grade point average is maintained at the student's post secondary selection.** This scholarship opportunity is offered each year to juniors who plan to attend a two or four year college or technical school within the United States. Financial need is one of the most important criteria during the review of applications.

Applications for the Madden Scholarship will be available on the counseling website under College then Scholarship Info. Additionally, an e-blast will be sent to all Juniors and their parents and the application is also available for download [here](#).

Application deadline: March 4, 2019

See your counselor with any questions.

IMPORTANT NOTE: Applications must be typed using the ADOBE template provided. If the file does not open in Adobe, please follow these instructions on your PC.:

1. Ensure that Adobe Reader is installed on the computer.
2. In Chrome, go to the Menu icon, then choose **"Settings"**.
3. Scroll to the bottom and select **"Advanced"**

4. In the "**Privacy and Security**" section, select "**Content Settings**"

5. Scroll down and select "**PDF documents**", then switch it to "**On**".

9TH GRADE INDIVIDUALIZED GUIDANCE PLAN (IGP) MEETINGS

9th Grade IGP (Individualized Guidance Plan) Meetings with ninth graders and their parents will begin in January. Please watch for a letter detailing your scheduled appointment date and time. Once you receive this letter, please mark your calendar to attend this important meeting with your child.



Some of the items that will be discussed include:

- Academic and social transition to high school
- Involvement in school activities
- Planning a schedule of courses
- Graduation requirements
- Career and post secondary educational interests and goals

Please use the B-9 entrance near the Fine Arts Theatre when you arrive for your meeting. You will need to check in and pick up a visitor's badge before coming to our office. We look forward to meeting you!



HELP IS AVAILABLE ... JUST ASK US!

The Writing Lab, located in Room B521, is available every period to conference with students on writing for classes, college applications, apprenticeships, scholarships, writing contests and other assignments.

Writing Lab Hours

Mon-Fri Periods 1-8

Before School Mon-Fri 7:15 AM –8:00 AM

After School Mon-Thur 3:00 PM –3:45 PM

Contact: [Mrs. Trish Shine](#)

The Math Lab is located in Room B616. Math Lab Hours are posted [here](#). Mrs.Trumbull can be reached at:

LTrumbull@mtlsd.net

CREATE A COLLEGE BOARD ACCOUNT TO ACCESS PSAT SCORES.

Visit the [College Board](#) to create a College Board account and gain access to your PSAT score report when they become available.



PSAT Score Release Dates:

Mon - Wed, December 10-12. Students can view their online score reports



COLLEGE TESTING INFORMATION

NEXT SAT DATE: DEC 1, 2018 @ MTLHS

Test Center Number: **39-442**

NEXT ACT DATE: DEC 8, 2018 **NOT** @ MTLHS

Mt. Lebanon High School Code **393730 (SAT & ACT)**

REGISTER FOR SAT TESTS [HERE](#)

REGISTER FOR ACT TESTS [HERE](#)

For parking and other test-day information, please visit the [High School website](#).

Contact [Mr. Rolf Briegel](#) (SAT Center Supervisor) via email with questions or concerns.

For information on College Testing Accommodations process, please see instructions on the School Counseling/ Forms page [here](#).

COLLEGE TEST PREP COURSES & TUTORING

Mt. Lebanon School District does not endorse specific testing preparatory options or providers. The below list is provided for informational purposes only.



AXIOS TUTORING

<http://www.axiostutoring.com/>



ABSOLUTE VALUE TUTORING

Search on Facebook
Or email: info@absval.net



COLLEGE NANNIES AND TUTORS

<https://www.collegenanniesandtutors.com/southhillspa/>



COMMUNITY COLLEGE

<https://www.ccac.edu/>
Type "Community Education"
in Search



EATON

<https://www.eatonprep.com/>



HUNTINGTON LEARNING CENTER

<https://huntingtonhelps.com/center/mcmurray>



KAPLAN TEST PREP

www.kaptest.com



KHAN ACADEMY

www.khanacademy.org or go to
www.collegeboard.org for links to Khan Academy



MATHNASIUM

<http://www.mathnasium.com/>



MT LEBANON ACADEMY

www.mtleboacademy.com



MT. LEBANON ADULT EDUCATION

<http://www.mtlsd.org/page.cfm?p=1605>



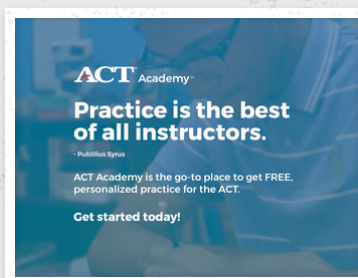
THE PRINCETON REVIEW

<http://www.princetonreview.com/>



TOTAL LEARNING CENTER

www.totallearningcenter.com



ACT ACADEMY FREE PROGRAM

<https://academy.act.org>



KHAN ACADEMY SAT PREP FREE PROGRAM

<https://www.khanacademy.org/sat>



APPLICATIONS GOVERNOR'S SCHOOL FOR THE SCIENCES @ CMU

The Pennsylvania Department of Education is pleased to announce that the Pennsylvania Governor's School for the Sciences at Carnegie Mellon University is now accepting applications from talented high school juniors for the summer 2019 program.

PGSS is an intensive, five-week summer residential program, which emphasizes cooperative learning and hands-on laboratory research, for 56 talented high school juniors pursuing careers in science and mathematics.

With the support of Governor Tom Wolf, the state Department of Education, Carnegie Mellon University and the school's alumni, the program offers an enrichment experience in science, technology, engineering and mathematics (STEM). The goal of the program is to encourage Pennsylvania's youth to pursue careers in STEM-related fields.

Accepted applicants will receive a full scholarship to the program. Costs are underwritten through matching funds provided by PGSS Campaign, Inc., the school's alumni, Carnegie Mellon University, parents and corporations.

Awarded scholarships will cover the costs of housing, meals and all instructional materials. Families are responsible for transportation to and from the university, personal items and

spending money. Students must commit to living on campus at Carnegie Mellon University throughout the duration of the program.

Details – Pennsylvania Governor's School for the Sciences

When:

June 30, 2019 to August 3, 2019

Where:

Carnegie Mellon University, Pittsburgh, PA

Who May Apply:

The program is open to high school juniors at time of application who attend a public, nonpublic and private school or are homeschooled.

Deadline to Apply:

Completed applications must be emailed per instructions on the website <http://sciences.pa-gov-schools.org> no later than January 31, 2019. Applications emailed after this date and time will be disqualified.

For additional information about the program and to complete an application, visit <http://sciences.pa-gov-schools.org>

TEENSCREEN

TeenScreen is a nationally-recognized program developed by Columbia University to identify risk factors associated with depression, anxiety, and alcohol and sub-stance abuse. The program is free and completely voluntary and confidential.



TeenScreen is available to all students in grades 7-12. Look for more information and parental consent forms to follow via U.S. Mail in January.

If you have any questions regarding TeenScreen, please contact Outreach Teen & Family Services, 412-561-5405.



HIGH SCHOOL COUNSELING OFFICE

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 mtlsl.org/page.cfm?p=1137

