

HIGH SCHOOL COUNSELING BULLETIN

May/June 2018



CONGRATULATIONS TO OUR 2018 GRADUATES!

From the entire Counseling Office staff..

Here's wishing each of you the very BEST
for every new adventure that life has in store for you!

CONGRATULATIONS!

COLLEGE TOURS FOR HIGH SCHOOL COUNSELORS

This spring semester Mrs. Leja and Mrs. Becker spent some time participating on college tours for high school counselors. Mrs. Leja spent a few days at West Virginia University and Mrs. Becker at the University of Texas-Dallas. Counselors participate in these tours to bring back information to their colleagues and students about the colleges they visit, to collaborate with other school counselors around the United States and to build relationships with admissions officers.



LOOKING FOR SOMETHING TO DO THIS SUMMER?

Login to your [Naviance account](#) (use your original dashboard password)

Go to the <Colleges> tab

Look for the section: college research

Click on <enrichment> programs

Then explore the TeenLife directory with over 2,000 outside-the-classroom enrichment programs for students in grades 7-12, including summer programs and gap year options.

NAVIANCE IS GETTING A FACE LIFT & MOBILE ACCESS

Naviance is updating to a new look: Naviance is changing from Family Connections to Naviance Student.



The rollover to this new look should be completed by August 1st. If you have time over the summer, check out the new enhancements.

The enhancements to Naviance Student include:

- **Resume Export:** Students can export resumes in a printer-friendly format.
- **Calendar View of Tasks and To-Dos:** Students can see when tasks are due in an easy-to-read calendar format.
- **Personalized Experience:** The welcome page has been updated to make it easier for students to quickly scan important messages and upcoming deadlines and access college and careers they indicated as favorites. Also, the About Me section now includes students' progress on assessments and surveys.
- **SuperMatch:** The current version of SuperMatch is available in Naviance Student now, however, a Beta version of an enhanced SuperMatch college search experience will be available in both Naviance Student and Family Connection soon. You will be able to test out the Beta version that has improved search capabilities prior to it launching in Naviance Student this summer.
- **Enhanced Accessibility:** Naviance Student provides expanded access to students who have audio impairment, visual impairment or motor disabilities. The solution will be fully WCAG 2.0 AA compliant by August.



2018-2019 APPRENTICESHIPS

Applications for the 2018-19 school year Apprenticeships are available in the Counseling Office. The deadline for application is May 22! Students with any questions should see Ms. Konechny in Room D411.

DRIVER EDUCATION CLASS

No. 101 DRIVER EDUCATION (HS RM D302)

May 7th, 14th, and 21st, 6:00-9:00 p.m.

INSTRUCTORS: Mr. Antis, Mr. DeHaas, Mr. Herzog and Mr. Sliacky
Resident: \$375.00 (Complete Program and License Test)

Non Resident: \$390.00 (Complete Program and License Test)

Car Instruction Only and License Test-\$300.00



DRIVER'S ED APPLICATIONS ARE AVAILABLE [HERE](#).

PLEASE VISIT THE ADULT EDUCATION WEBSITE [HERE](#) for the most up-to-date information.

The Mt. Lebanon School District online driver education program is Pennsylvania Department of Education approved. This program meets the traditional 30 hours of theory and 6 hours of car instruction that most insurance companies are looking for. The full program consists of 3 in-person classes (an introductory class, a guest presentation, and the final exam); 7-online modules that can be done from any computer at any time before the final exam, 3-hours of individualized simulation; and individualized car instruction. This fee also includes the Pennsylvania state approved driver licensing test.

Students who successfully complete the Mt. Lebanon theory/simulation are eligible for road instruction and license testing with Mt. Lebanon program certified instructors.

Students who have successfully completed other Pennsylvania Department of Education approved programs are eligible to take car instruction and license testing through the Mt. Lebanon program (as part of the Car Instruction Only Program). Students must show proof of successful completion of a PDE approved theory course from another institution for the car only portion. The charge for the six hours of road instruction which includes one half hour for license testing is listed above.

SUMMER HEALTH & WELLNESS CLASS

The Health & Wellness Course will be offered as a concentrated course in the summer. The pace of the course is geared toward those who are willing and able to grasp various concepts in a short period of time. Students are required to complete a project in Health class in order to fulfill graduation requirements.

Students should see the instructor for additional information on this project.



All the information you need, including Class Description, Application and Summer School Guidelines is available [here](#)!



HOW TO LINK PSAT SCORES TO FREE ONLINE TUTORING THROUGH KHAN ACADEMY

Visit the [College Board](#) to create a College Board account and get access to your PSAT score report.

Create a [Khan Academy](#) account and link it to your College Board account to get FREE, personalized practice for the SAT.

AP TEST SCORES

If you are taking an AP exam, most scores should be available in July.

Sign in at apcentral.collegeboard.org to access your scores when they become available.





COLLEGE TESTING INFORMATION

UPCOMING SAT DATES:

May 5, 2018 **NOT** @ MTLHS

June 2, 2018 @ MTLHS

SAT Test Center Number: **39-442**

We do not offer the MAY SAT test at MTLHS.

UPCOMING ACT DATES:

June 9, 2018 **NOT** @ MTLHS

July 14, 2018 **NOT** @ MTLHS

Mt. Lebanon High School Code **393730 (SAT & ACT)**

REGISTER FOR SAT TESTS [HERE](#)

REGISTER FOR ACT TESTS [HERE](#)

For parking and other test-day information, please visit the [High School website.](#)

Contact [Mr. Rolf Briegel](#) (SAT Center Supervisor) via email with questions or concerns.

For information on College Testing Accommodations process, please see instructions on the School Counseling/ Forms page [here.](#)

2018-19 SAT TEST DATES

August 25 (Not at Mt. Lebanon)

October 6

November 3 (Not at Mt. Lebanon)

December 1

March 9 (Subject Tests not offered on this date)

May 4 (Not at Mt. Lebanon)

June 1

ACT TEST - JUNE 9 NOT AT MT. LEBANON

Mt. Lebanon is not a testing site for the ACT test. However, Mt. Lebanon students wishing to take this test are encouraged to go to authorized test sites nearby.



It is recommended for students to take this test in addition to the SAT. Please see your school counselor for information about the test.

Click [here](#) to register for an ACT test.

MTLHS Code: 393730



WHAT TO LOOK FOR WHEN YOU VISIT COLLEGES

Planning a trip to visit colleges?

Here's a little help for [Making the Most of College Visits.](#)

COLLEGE BOUND JUNIORS

Get Ahead of the College Application Process

Start your essay now! This is one thing that takes time. Give it your best effort by writing it over the summer before your schedule gets busy again in the fall!



The 2018-19 Common Application essay prompts can be viewed [here.](#)

If you haven't already done so... create your common app account today!

1. Go to [Common App](#)
2. Click "Create Account"

And be sure to check out [this video](#) for additional information:

ARE YOU GOING TO NEED A LETTER OF RECOMMENDATION?

ATTENTION ALL JUNIORS!

Your counselor needs a Student Personal Analysis from you to write a letter of recommendation. Please log in to Naviance and download one from the Document Library on the right side of your landing page.



If you cannot access Naviance, [download it here!](#)
JUST DO IT!



COMMON APPLICATION ACCOUNT ROLLOVER - FOR JUNIORS

Did you know that you can create a Common Application account right now and roll over your information from year to year? You can get a jump on the college application process by creating your profile right now and putting information in about your family, education, activities, and testing. You can then explore and use the same user name and password when you are ready to apply!

As you probably know, the Common Application is a streamlined college application that over 600 schools currently

accept. Filling out only one application that multiple schools accept will save you time when applying to colleges, and you can get started now:

1. Go to [Common App](#)
2. Click "Create Account"

And be sure to check out [this video](#) for additional information:

PENN STATE

Applications for undergraduate admission become available on August 1, 2018.



FALL 2018 - COLLEGE ADMISSIONS REP VISITS

During the first semester of the school year, many colleges send admissions representatives to visit our school. At these times, all 11th and 12th grade high school students have an opportunity to talk in small groups with representatives from the visiting colleges. Since these conferences are time-consuming students should be selective in choosing them; otherwise, they may be neglecting their classwork. Military representatives also visit frequently and are available through individual requests.

Parents and students are kept informed of these visits in numerous publications. In the fall, we will be using Naviance to let students know of these visits.

IMPORTANT: Students should check their student email and login to Naviance regularly during the school year to keep abreast of upcoming events.

OUTREACH TEEN SERVICES, INC.

Outreach Teen & Family Services offers Education, Prevention and Intervention programs. Their mission is to promote and provide empathetic, personal, accessible and affordable mental health counseling and wellness programs for children and their families.



The **Choices** program meets the 2nd Saturday of each month. This program is for any young person in need of education on how to deal with the pressures of alcohol/other drug uses so they can make better decisions and is available as an opportunity to help families find answers. Outreach aims to reduce substance abuse among adolescents by supporting families and educating teens.

FEMtastic will be held on Saturday, June 2, 2018 from 9am-1pm. This workshop, facilitated by Chelsie Musisko, MS, NCC, is for teen girls (between 15 and 18) and their moms or other

identified female mentors such as a coach or aunt. The mission will be to uplift one another, providing a safe space to address specific issues facing women; positive body image, goal setting, self-care. Improve your communication and coping skills within a female group. Hurry! Space is limited to 10 attendees! Call 412.561.5405 by May 18th to register.

An **ADD Screening Tool** flyer will be available on the Outreach website in the coming days.

Click [here](#) or call 412.561.5405 to find out more about what Outreach Teen & Family Services has to offer.



HIGH SCHOOL COUNSELING OFFICE

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