#### January/February 2017



Mt. Lebanon High School

# **Scholarships**

There are many scholarships available to our 12th grade students to assist in funding their post-secondary education. Senior students and families are directed to Naviance Family Connection to search for local, Pittsburgh Foundation, and national scholarship applications. Many of the local scholarships are sponsored by community-based athletic organizations, personal memorials, churches, or businesses. Scholarships are updated each year and the applications are available on Naviance.

Through Naviance, students also have access to a national scholarship search engine in which they can conduct a scholarship match by selecting specific criteria. They can view electronic applications, requirements, and deadlines for all scholarships. Students should sign in to their Family Connection account and go to "my colleges" and then "scholarships" to view the list of scholarships available and the requirements for each. Over the winter break, students are encouraged to search for additional free money available through scholarships to help fund their post-secondary endeavors.

#### Students:

<u>Click here</u> for Naviance or go to: <u>https://connection.naviance.com/</u> mtlebanonhs

**Username** is the dashboard User id (first initial, last name, last two digits of student id)

**Password** is the original dashboard password Then click "Log in"

For questions, please contact your high school counselor

# RICHARD J. MADDEN SCHOLARSHIP APPLICATIONS

Just a reminder that applications for the Richard J. Madden must be typed using the template provided in Naviance. This scholarship is for juniors only. The application and supporting documents are due in the School Counseling office no later than February 28, 2017. Interested juniors should use the student Naviance instructions above to read about and download this application. It is found in the Scholarship List under the Colleges Tab. Please see your counselor if you need assistance.

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# Introducing... Mr. Jerad Smith, M. Ed

erad Smith is joining us for the second semester to counsel Tara Leja's students while she is on an Educational Sabbatical.

Mr. Smith was born in Erie, PA and studied Psychology at the University of Pittsburgh then completed his Masters degree in School Counseling at Indiana University of PA. Prior to coming to Mt. Lebanon he worked at Propel North Side Charter School.

Mr. Smith welcomed his first child, Leo, in November and is completely smitten. In his spare time, he enjoys a pick-up basketball game & watching a good movie. He is also a Knicks and Steelers fan. You might be surprised to know he has played the guitar for 15 years and he taught himself to play! When asked to share a word of wisdom, he responded: "Whatever you end up being, be a good one!"

Please welcome Mr. Smith and feel free to contact him via email or phone with any concerns: JeradSmith@mtlsd.net / Phone: 412.344.2065.



## Mid-Year & Scholarship Transcript Requests

**Mid-Year transcript requests** are a common practice required or suggested by colleges/universities to update a student's application for admission. In order for these transcripts to be received by the colleges in a timely fashion, requests are due by Thursday, January 19, 2017. More detailed Information and request forms will be distributed in homeroom the second week of January. If you have already been accepted to the college/university, it is usually **not** necessary to send a mid-year transcript. If you are in doubt that a mid-year transcript is required, you should contact the college/university.

**Scholarship transcript requests** are made in Naviance. Please watch this video tutorial on how to request a transcript for scholarships. You will be notified by your student email account when your transcript is ready. Due to the high volume of requests for transcripts, please allow at least 3 days to process.

## Parkway West Career and Technology Center Visit

Parkway representatives will be here on Thursday, February 2nd from 9-11 AM to answer questions that students have regarding Parkway and its programs. Students who currently attend Parkway will also be present to give information and answer questions. The meeting will be in F-309. Students wishing to attend should stop by the Counseling office to register January 23-Feb. 1, 2017.

Parkway West Career and Technology Center offers high school students the opportunity to gain immediate employment and/or advanced placement within many area colleges and technical schools. Students interested in exploring the following programs: Auto Body Repair, Automotive Technology, Cosmetology, Nail Technician License, Culinary Arts, Digital Multimedia, Health Assistant, Phlebotomy Technician Certificate, Pharmacy Technician Certificate, Informational Technology Essentials, Public Safety Technology, Construction Technology Cluster consisting of HVAC/R, Masonry, Welding Technology and Electrical Systems Technology, Veterinary Technology, Sports Medicine Rehabilitation Therapy Technology.

Please <u>click here</u> to explore the Career Majors they offer.

Please <u>click here</u> to see the Academic Course offerings.

#### **Shadow Experience at Parkway**

Students interested in possibly attending Parkway may shadow two programs to determine if they are interested in applying. The Exploratory Day is Thursday, February 2nd from 9:00 -

**11:00 AM.** Interested students will be permitted to ride the Parkway bus (permission required). If you have any questions, contact Mrs. Schneider in the HS Counseling Office at 412.344.2063 or by email: eschneider@mtlsd.net.



#### Cum Laude

The Cum Laude rehearsal and ceremony will be held on March 2, 2017. Rehearsal will be held that morning at 7:15am and the ceremony will be held at 7:00 PM in the High School Auditorium. 2017 inductees will be notified by mailed invitation in early February.

## **NCAA Night**



NCAA Night will be held on Monday February 6, 2017 @ 7PM in Room D-205.

Please join John Grogan and Shelly Saba for a night entitled "College Recruiting Simplified".

Our featured speaker is Rick Christenson, the Associate Athletic Director for Compliance from Duquesne University.

## Tips For Students When They're Deferred

Students (and their families) often feel all kinds of emotions after they receive Early Decision/Early Action notifications. The Common Application recently asked our colleagues at the Association of College Counselors in Independent Schools (ACCIS) to share some key tips for those students who are deferred. Here's what they had to say.

- \* Stay positive. Deferral means that you may still be competitive, and that the admissions committee wants to learn more information. You're now a regular decision applicant to that college and are free to apply to other schools. Even though it may be disappointing news to you, remember that you're still in the applicant pool.
- \* Know that **colleges can't accept every compelling candidate who applies early.** At some colleges, they often need to see what the regular decision pool looks like before making final decisions on many applicants.
- \* Most colleges send or post **instructions about what they encourage** or, more specifically, <u>discourage</u> in terms of sending additional information such as recommendation letters or supplements. *Read that information!*
- \* If this information is not shared, ask: "In past years, how many deferred students were eventually admitted? Should I visit (or re-visit) campus to express my interest? If interviews are offered, should I request one?" This information can help you determine reasonable next steps to take.
- \* Resist reaching out to anyone at the college right away. Take several days to digest and collect your thoughts. Colleges are not rank-ordering who called or emailed first and impulsively communicating could send the wrong message.
- \* Take your upcoming assignments seriously, whether these are projects or end-of-term exams. Most colleges that extend an offer of deferral will want to see an updated set of official grades from first semester or the first marking period of senior year.
- \* Find out if another round of standardized testing would be accepted or even beneficial for that particular school. Some colleges might accept the January 2017 SAT or Subject Tests or the February 2017 ACT, but check before you register.
- \* Be confident in your original application. If the college encourages submission of new information, then consider doing so. But that doesn't mean that there was anything "wrong" with your application. Resist the urge to blame your essay and spend hours you don't have writing a new one for your regular decision colleges. You could spend that time instead on your senior year coursework, other applications, and with family and friends.

This post is shared in collaboration with the Association of College Counselors in Independent Schools (ACCIS), an organization of more than 1500 college counselors in nearly 550 independent schools, supporting the essential work of college counselors to serve the students in their care.

Special thanks to Steve Frappier, Director of College Counseling, The Westminster Schools; Deputy Executive Director of ACCIS and Emmi Harward, Director of College Counseling, The Bishop's School; Executive Director of ACCIS.

#### **AP Exams**

Advanced Placement Exams will be given at Mt. Lebanon High School the weeks of May 1-5 and May 8-12, 2017. Registration packets will be mailed to AP students in February. However, these examinations are open to anyone who wishes to take one. Information is available on the School Counseling website where you can print the registration form. The cost is \$93.00 per exam. If you have any questions, please contact your counselor.

If you are uncertain about your readiness for an exam, we encourage you to register prior to the deadline of February 24. You have the option to cancel the exam before Monday, April 24, 2017 for a refund of \$78.00.



#### **PSAT Scores**

The College Board released PSAT scores December 12th.

If you do not already have a College Board account, please go to College Board to create an account & to review your scores.

#### SAT **REVIEW COURSES**

.AXIOS TUTORING

**COLLEGE NANNIES & TUTORS** 

**COMMUNITY COLLEGE OF ALLEGHENY COUNTY** 

**EATON PREP** 

**MATHNASIUM** 

MT. LEBANON ACADEMY

**MT. LEBANON EVENING PROGRAM** 

**KAPLAN** 

**HUNTINGTON LEARNING** CENTER

**THE PRINCETON REVIEW** 

**TOTAL LEARNING CENTER** 

**KHAN ACADEMY** 

Mt. Lebanon School District does not endorse specific testing preparation options or providers. This list is provided for informational purposes only.

### Next SAT Test @ MTL is January 21, 2017

Students taking SATs at Mt. Lebanon should (A-2) along Cochran be dropped off at the auditorium entrance (A-2) along Cochran Rd.

Students parking onsite should use the Faculty / Staff parking the building.

All students should enter through the

Auditorium entrance Rd.

Once inside the building, follow the signs to the room assignments and the testing rooms.

Bring all required materials (see College lot on the south side of Board rules), or you will be turned away without refund.

**MTLHS** 

Code: 393730

**MTLHS Test Center** Number: 39-442

Register here for an SAT test or go to: www.collegeboard.org

For test dates and registration deadlines click here.

For additional information please click here.

# ACT Test—February 11, 2017 (Not at MTL)

Mt. Lebanon is **not** a testing site for the ACT test. However, Mt. Lebanon students wishing to take this test are encouraged to go to authorized test sites nearby.

It is recommended for students to take this

test in addition to the SAT. Please see your school counselor for information about the test.

**MTLHS** Code: 393730

Click here to register for the ACT.

Click here for test dates and registration deadlines.

Click here for more information on the ACT test.

# NACAC Pittsburgh College Fair February 9th & 10th



The 2017 NACAC Pittsburgh National College Fair will be held Thursday, February 9, 9am - noon & 6:30pm - 9pm. And on Friday, February 10, from 9am - noon at the David L. Lawrence Convention Center.

To find out more information about the college fair, and to see a list of what schools will be at the fair and information on the workshops available <u>click here</u>.

**IMPORTANT NOTE:** No transportation will be provided by MTLSD for this event.

Prior to attending, students should obtain & fill out a pre-approved absence form from the Unit Principal's office.

## The Writing & Math Labs



The Writing Lab, located in Room B521, is available every period to conference with students on writing for classes, college applications, apprenticeships, scholarships, writing contests and other assign-

ments. And before and after school.

Appointments are recommended to guarantee a spot! Same day conferences are often hard to schedule, so plan ahead!

For appts contact:

#### PShine@mtlsd.net

The Math Lab is located in Room B616. Mrs. Trumbull can be reached at: <a href="https://linear.org/

Click for current Math Lab Hours

#### **TeenScreen**

**TeenScreen** is a nationally-recognized program developed by Columbia University to identify risk factors associated with depression, anxiety, and alcohol and substance abuse. The program is free and completely voluntary and confidential. TeenScreen is available to all students in grades 7-12. Outreach will be working at the middle schools and high school in February and March 2017 to complete the screens. Information and parental consent forms will be mailed home the first week of January. If you have any questions regarding TeenScreen, please contact Emily Heim, MA at Outreach Teen & Family Services, 412-561-5405. **For more information, please visit:** Outreach Teen & Family Services.



# **Graduation is Coming!**

In a few short months, assuming all requirements are met, seniors will be graduating. We are now in the process of preparing a list of graduate names for our diploma company and the high school's commencement program.

At the beginning of February, please be on the lookout for a letter confirming your child's name as it will appear on their diploma. Your prompt approval and return of this letter is greatly appreciated!

#### 10th Grade Career Unit

In March, our 10<sup>th</sup> grade students will begin to meet with their counselors to complete a career exploration unit. The students will use the Naviance program to begin to learn more about how their interests, skills, talents, and personality type impact their potential career path. If you would like to view last year's narrated version of the Career Unit PowerPoint Presentation, please <u>click here</u>.

#### **Follow**





#### Good To Know...

To get the latest news from the Counseling Office, we encourage you to subscribe to the Alerts on the School Counseling News page. You'll be the first to know about deadlines, score reports, and other important communications initiated by our office.



# Summer Programs

Many summer learning opportunities are brought to our attention throughout the course of the year. We do not endorse specific opportunities, but list them only as a resource for those interested. To see programs please check our <u>Summer Learning Opportunities</u> page on the School Counseling website.

#### **School Counseling**

155 Cochran Road Room F-306 Pittsburgh, PA 15228

Phone: 412.344.2053 Fax: 412.344.2028